



SPRING SPORTS PHYSICALS & UPDATES

Please visit the health office to pick up your forms. All athletes will need a **sports participation permission form** and an **athletic health history form**. Both forms are also available on the health office website.

An updated physical, dated March 1, 2016 or later is required.

If you do not have an updated physical on file with the health office, and will need a school physical, our school physician will be here to conduct physicals on Thursday, March 1, 2018.

This is by appointment only so please contact the health office if you would like your child to be seen. In addition, the athletic health history form is required for a sport physical by our physician. It must be filled out and signed by a parent or guardian.

As always, please contact me with any questions by phone, (845) 351-4797 Ext. 3106, or by email mcastricone@tuxedoufsd.org

Marie Castricone, RN

**VARSITY & JV SPORTS
BEGIN MONDAY,
MARCH 5, 2018**

**MODIFIED SPORTS
BEGIN MONDAY,
MARCH 12, 2018**

**ALL ATHLETES NEED A
SPORTS
PARTICIPATION
PERMISSION FORM &
AN ATHLETIC HEALTH
HISTORY FORM**

**AN UPDATED
PHYSICAL IS
REQUIRED**

**OUR SCHOOL
PHYSICIAN WILL
CONDUCT SCHEDULED
PHYSICALS ON
MARCH 1, 2018**

Please contact the health office if you have any questions, or if you would like your child to be seen by the school physician